

## CLARK COUNTY TEACHERS & STAFF MEMBERS

STRIDE Fitness Henderson wants to welcome the Clark County School District teachers and staff members to our studio. STRIDE is an interval treadmill-based workout studio, and we offer 3 different classes for your fitness needs. We only use Woodway Treadmills that are of the highest quality. They are much less impact on your body and joints and provide the best cardio and strength workout for you to reach your health and fitness goals. All classes are for people at any fitness level and every person can walk, jog, or run each or any class. At STRIDE, our motto is “We start together, and we finish together!”

With this partnership we offer our Unlimited Membership for you all at a **40% discount, which is \$70 off our regular rates, as well as a 15% discount on all our retail items** for the lifetime of your membership. We also belong to Xponential Fitness and have other fitness studios under the same umbrella. You can have access to them with our XPASS. The other studios include Cycle Bar, Pure Barre, Club Pilates, Rumble Boxing, YogaSix, and Stretch Lab. There are a few options for the XPASS depending on how many other classes you want to take at the other studios, but we can customize that plan for your specific needs.

STRIDE Henderson wants to provide a fun, exciting, and positive fitness community for your staff to belong to. So, contact us or click the link below to get started on your new fitness journey today! We are excited to have you on the STRIDE Team!



Sign up Link: <https://www.clubready.com/getstarted/12025/536446/>

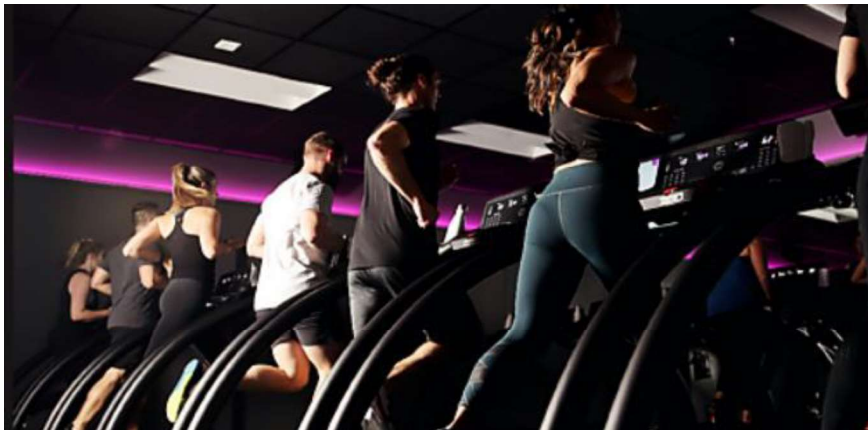
Enter Promo Code: CCSD70

Eyrick Gibson

General Manager

STRIDE Henderson

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### What is STRIDE?

STRIDE is a premium treadmill studio that caters to clients of all ages and fitness levels. Whether you're walking or running, our STRIDE Certified Coaches and state-of-the-art Woodway Treadmills will empower you to achieve your mental & physical goals.

### Class Types

**THE STRIDE:** Our signature format is a 55-minute all-tread class designed for all fitness levels with alternating intervals of running or walking and active recovery.

**THE COMBO:** Get the best of both worlds in this cardio & strength training class that combines intervals of running or walking with total body strength work to improve your overall speed, acceleration, & endurance.

**THE CORE:** Focus on your balance, endurance, & posture in this class format that's predominantly cardio-focused with a 10-minute core strengthening section at the end that will leave you feeling strong and stable.

## Follow us on Social Media



@stride\_henderson



facebook.com/stridehenderson



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### STRIDE FITNESS Henderson

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## STRIDE FITNESS CCSD PARTNERSHIP BENEFITS

- 40% discount on an unlimited membership (\$70 value)
- 15% discount on all retail items for the life of your membership
- Access to XPASS to attend other studio formats (cycling, yoga, stretching, etc.)
- Use of Woodway Treadmills, the highest quality treadmill in the industry, like pro athletes use

### Enter Promo Code:

**CCSD70** at checkout and select apply to have the discount applied. The CCSD extended price will be \$109.

Scan the QR Code Below to signup today!

